



Progressive Martial Arts
Mixed Martial Arts for Kids

BOOK A
FREE
TRIAL TODAY

KID'S

MARTIAL ARTS

FUN & FITNESS

Our Life Skills Programme help Improve:

- Confidence • Respect • Focus • Self Esteem • Discipline
- Concentration • Communication ... *and much more!*

JOIN OUR

MINI NINJAS
5 - 7 years (Y1 & 2)

JUNIOR DRAGONS
7 - 11 years (Y3,4,5 & 6)



VENUE:

MARTIAL ARTS @ NEW VALLEY PRIMARY

Y1 – Y6 Mondays 3.15pm – 4.15pm

W/C 12th SEPT – W/E 9th DEC

**Email us for more information and for
Booking Link**



Members of the



✉ progressive.bmaba@gmail.com

🖱 www.progressivebmaba.co.uk

☎ 02086 426080

"Specialist in teaching Martial Arts for children from 5 to 11 years"