

At New Valley we recognise the impact that the provision of a high quality PE and school sport curriculum has on the whole school. We hope that PE and Sport continues to grow in the future at New Valley with exciting things to come next term!



New Valley 'Daily Dose'

At New Valley we believe that it is important that every child should have the opportunity to take part in physical activity on a regular basis and therefore we have introduced the 'Daily Dose' where children partake in at least 15 minutes of physical activity every day. This is designed to promote fitness and wellbeing and to get children moving and having fun.

Chelsea Challenge

We have signed up for a new initiative called the 'Chelsea Challenge' which involves short fitness videos delivered by the Chelsea FC Women players. We will be giving out tickets to Chelsea FC Women's home games to a selection of pupils as a reward for their hard work. We also have a discount code (CCREAD) for parents and families which will give you exclusive access to discounted tickets for every home game. Tickets are available to buy from www.chelseafc.com/womens.

Elite athlete visit next term!

We are very excited to have another GB elite athlete visiting New Valley in February. Pupils will be taking part in a sponsored fitness circuit with the athlete as well as having a Q & A session.

The athlete visiting will be **Scottish Judoka Commonwealth Champion, Kimberley Renicks**.

We are very excited to welcome her into New Valley and learn about her sport! Sponsorship forms will be given out in January.



KS2 Sports leaders

During Spring term, we will be training some KS2 children for the PlayMaker Award. This award is a great introduction into leadership giving learners knowledge of how to organise small games and activities that can be used during curricular and extracurricular time as they take on the responsibility of assisting in leading their peers and younger children.



Outdoor Learning

At New Valley, we want the outdoor learning environment to play an important role in the curriculum. Earlier this term, the school took part in 'Outdoor Classroom Day' which allowed New Valley achieve the Bronze Woodland Trust Schools Award. Hopefully we can continue on to achieve the silver and gold awards throughout the year!

Year 6 also went on their residential to Carrotty Wood and took part in lots of different activities, challenging themselves to be the best they could be! They did archery, high ropes, canoeing, and abseiling...just to name a few activities!

We will also be introducing 'Forest Fridays', a new initiative for Reception and KS1 children next term. This approach will provide children with hands-on learning experiences involving a range of outdoor learning activities.



Extra-curricular activities

We aim to challenge our students through competition and strive for personal bests with our programme of school competitions both in and beyond the curriculum. We hope that this develops greater confidence, team work and the ability to win or lose with grace and sportsmanship. Therefore, we encourage children to take part in our extra-curricular sporting activities.

The club letter will be out next term – please encourage your children to sign up!

School Games Silver Mark Award 2018-19

We are delighted to announce that New Valley achieved the School Games Silver Mark Award for the 2018/19 academic year. The School Games Mark is a Government led award scheme to reward schools for their commitment to the development of competition across their school and into the community. Last year our school took part in a variety of competitions and festivals with local schools. We also took part in Croydon Sports with four children getting into the finals!

Coming up in spring term!

- Monday 13th January – Year 5/6 Quicksticks Hockey Festival
- Tuesday 21st January – Year 5/6 Badminton Festival
- Tuesday 4th February – Kimberley Renicks athlete visit
- February – Year 2 Gymnastics Festival
- March – Year 4 Quicksticks Hockey Festival

