

Coming soon...

Celebrating Differences Week at New Valley Primary School

One of the great things about New Valley is the diversity of our community...and we wouldn't want it any other way!

That is why we are looking forward to 11-15th November, when it will be CELEBRATING DIFFERENCES WEEK at New Valley. The week will be a great opportunity to think about what makes each human being special, and for every child to build their own confidence and self-esteem, as well as learning how to treat each other better.

We welcome families getting involved too, and we will let you know how you can be a part of the week.

Yours

Pete Steward
Headteacher



Mental Health Champions School Leaders Programme

With the aim of ensuring 'A Mentally Healthy School', Mrs Dubben and Mrs Taylor are completing the Mental Health Champions Course run by Place2Be, the children's mental health charity.

Their training runs across two terms and is already proving valuable in shaping our plans to build our capacity, capability and confidence to understand and respond effectively to mental health needs within our school community.

We warmly invite you to come along to talk to us about both the programme and safeguarding generally at 915am on Monday 11th November.

What do we mean by mental health?
How do we 'measure' mental health needs?
What can we do as a school to ensure positive mental health?
Who can we call upon for outside support?
Could we do more to publicise help and support?
What is 'safeguarding'?
How can we get all parents on board to ensure all children reach their full potential?

Questions...questions...questions...and



SCHOOL PRIORITIES 2019-20

Every year at New Valley, we work to help every one of your children to achieve as well as they can by providing the best possible teaching and learning opportunities. But each year we also work on some additional priorities, which form our annual School Improvement Plan. This year our priorities include a focus on helping children to be physically and mentally healthy:

CHILDREN'S PHYSICAL HEALTH:

Aim: There is high-quality and wide-ranging provision to improve children's physical health

CHILDREN'S MENTAL HEALTH:

Aim: Children feel safe and happy and want to come to school

CELEBRATING DIFFERENCES WEEK will be a great time to work on these aims. Our fantastic new playground resources – including the 'outdoor classroom' and exciting new climbing equipment - will be ready to use by then, and we will involve children in deciding how to organise its use so that everyone get maximum benefit from it.

CELEBRATING DIFFERENCES WEEK IS ALSO... ANTI-BULLYING WEEK

We hear and see more and more in the media about bullying. Sometimes it feels like it gets harder and harder for children and young people to navigate their way happily through the choppy waters of personal relationships. And this is only made more of a challenge by the widespread use of social media and the internet. So we have tied CELEBRATING DIFFERENCES WEEK in with ANTI-BULLYING WEEK in order to give your children as much help as possible to recognise and deal with bullying.



CHANGE STARTS WITH US

#ANTIBULLYINGWEEK

ANTI-BULLYING WEEK 2019
11th - 15th November

ODD SOCKS DAY 2019
12th November



WORRIED? WE'RE HERE TO LISTEN

Call Childline on 0800 1111
or visit childline.org.uk/kids

childline
ONLINE, ON THE PHONE, ANYTIME
CHILDREN'S SERVICES | 0800 1111

Whatever your worry, call us and a friendly person will be there to listen. It's free, you don't have to tell us your name, and we're here all day and night.

Research: children with less sleep are more likely to struggle with worries



56%
of children say they worry all the time about something.

Children who get less sleep are more likely to feel worries get in the way of school work.

Bullying Online

With so many children having access to online social media and games sites, the need to be aware of the potential for bullying to happen on line is greater than ever. We will be renewing our advice to parents about keeping children safe using various popular sites and also planning lessons to engage the children in discussion about this.

We always teach children to report anything that makes them uncomfortable on screen and that what they put on line about themselves can be there forever.

Mistakes do happen - we also teach the children to talk to a responsible adult or teacher at school if they see something about themselves or a friend that is not appropriate.