

[WEEKLY MENU]



Week 1

Week Commencing: Mon 8th Jan - Mon 29th Jan - Mon 26th Feb - Mon 18th Mar



Main Dish
of the
Day

Vegetarian
Dish of the
Day

Vegetable
Choice

Dessert of
the Day

Jacket
Potato Bar

Cold
Selection

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken and
Tomato GF Penne
Pasta

Bunless
Homemade Beef
Burger

Roast Turkey &
Gravy

BBQ Chicken

GF Fish Fingers &
Chips
(F)

Tomato & Basil GF
Penne Pasta

Bunless Chickpea &
Spinach Burger

Jacket Potato
with DF Cheese

Caribbean
Vegetable Curry

Jacket Potato
with DF Cheese

Green Salad

Baked Beans &
Seasoned Potato
Wedge

Rustic Roast
Potatoes & Medley
of Seasonal
Vegetables

Rice & Peas with
Seasonal
Vegetables

Beans or Peas

Fruit Jelly

GF Shortbread

Fruit Pot

Fruit Jelly

Ice Fruit
Lolly

See Board for
Details

See Board for
Details

See Board for
Details

See Board for
Details

See Board for
Details

Salad Bar
Fresh Fruit

Salad Bar
Fresh Fruit

Salad Bar
Fresh Fruit

Salad Bar
Fresh Fruit

Salad Bar
Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

New Valley Primary
School - Allergy Free



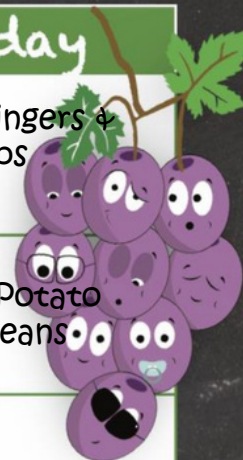
[WEEKLY MENU]



Week 2

Week Commencing: Mon 15th Jan - Mon 5th Feb - Mon 4th Mar - Mon 25th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Beef Bolognese with GF Pasta	GF/DF Chicken Pizza	Roast Beef & Gravy	GF Chicken Arrabbiata	GF Fish Fingers & Chips (F)
Vegetarian Dish of the Day	Veggie Bolognese with GF Pasta	GF/DF Margherita Pizza	Cauliflower Steak	GF Tomato Arrabbiata	Jacket Potato with Beans
Vegetable Choice	Green Salad	Seasoned Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Seasonal Vegetables	Beans or Peas
Dessert of the Day	Fruit Jelly	GF Shortbread	Fruit Pot	Fruit Jelly	Ice Fruit Lolly
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit



New Valley Primary
School - Allergy Free

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

* = May Contain

[WEEKLY MENU]



Week 3

Week Commencing: Mon 22nd Jan - Mon 19th Feb - Mon 11th Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken Curry	BBQ Chicken	Roast Chicken & Gravy	Beef Pasta Bake with DF Cheese	GF Fish & Chips (F)
Vegetarian Dish of the Day	Caribbean Vegetable Curry	BBQ Winter Vegetables	Jacket Potato with DF Cheese	DF Cheesy Pasta (CE)	GF/DF Margherita Pizza
Vegetable Choice	Steamed Rice & Seasonal Vegetables	Homemade Potato Wedges	Rustic Roast Potatoes & Seasonal Vegetables	Green Salad or Vegan Coleslaw	Chips & Beans or Peas
Dessert of the Day	Fruit Jelly	GF Shortbread	Fruit Pot	Fruit Jelly	Ice Fruit Lolly
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit	Salad Bar Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

* = May Contain

New Valley Primary
School - Allergy Free

