

[WEEKLY MENU]



Week 1

Week Commencing: Mon 8th Jan - Mon 29th Jan - Mon 26th Feb - Mon 18th Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken and Tomato Basil Pasta (G, MK)	Beef Burger & Homemade Potato Wedges (G, SE*, SO)	Roast Turkey & Gravy	Chicken Sausage & Crushed Potato with Gravy (CE, G, MK, SO, SU)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Tomato & Basil Pasta (CE, G)	Vegetable Bean Burger & Homemade Potato Wedges (G, SE*)	Root Vegetable Wellington (CE, E, G)	Veggie Sausage & Crushed Potato with Gravy (G, MK)	Vegan Nuggets & Chips (G)
Vegetable Choice	Garlic Bread and Green Salad (G, MK)	Baked Beans or Coleslaw (E, MU)	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Seasonal Greens	Beans or Peas
Dessert of the Day	Banana Sponge with Vanilla Sauce (E, G, MK)	Fruit Jelly	Iced Vanilla Sponge (E, G)	Shortbread Biscuit (G)	Ice Cream (MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

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Week 2

Week Commencing: Mon 15th Jan - Mon 5th Feb - Mon 4th Mar - Mon 25th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Spaghetti Beef Bolognese (G)	Chicken Pizza (G, MK)	Roast Beef & Gravy	Chicken Arrabbiata (CE, G)	Battered Fish & Chips (F, G)
Vegetarian Dish of the Day	Veggie Bolognese with Spaghetti (CE, G)	Margherita Pizza (G, MK)	Winter Vegetable Quiche & Nut Free Pesto (E, G, MK)	Tomato Arrabbiata (CE, G)	Homemade Vegan Sausage Roll & Chips (G)
Vegetable Choice	Garlic Bread & Green Salad (G, MK)	Seasoned Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Seasonal Vegetables	Beans or Peas
Dessert of the Day	Lemon Drizzle Cake (E, G, SU)	Fruit Jelly	Classic Jam Sponge & Custard (E, G, MK, SO*)	Selection of Fruit Mousse (MK)	Chocolate Orange Sponge with Chocolate Sauce (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit



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Week 3

Week Commencing: Mon 22nd Jan - Mon 19th Feb - Mon 11th Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Butter Chicken Curry (CE, G*)	Chicken Hot Dog (CE, G, SE*, SO*, SU)	Roast Chicken & Gravy	Beef Lasagne (E*, G, MK)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Vegetable Curry (G*)	Quorn Hot Dog (E, G, SE*)	Roasted Vegetable Filo Parcel & Tomato Sauce (CE, G)	Mac & Cheese (G, MK)	Margherita & Chips (G, MK)
Vegetable Choice	Steamed Rice & Seasonal Vegetables	Homemade Potato Wedges	Rustic Roast Potatoes & Seasonal Vegetables	Green Salad or Coleslaw (E, MU)	Beans or Peas
Dessert of the Day	Iced Vanilla Sponge (E, G)	Fruit Jelly	Apple Crumble & Custard (G, MK)	Fruity Flapjack (G)	Double Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit

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