

## New Valley Primary School Lunch Menu

### Week 1 - 1

Monday (Meat Free)	Tuesday	Wednesday	Thursday	Friday
Butternut Squash & Spinach Curry with Rice	Mexican Style Beef Wrap with Sweetcorn Salsa & Rice	Sausages with Mashed Potatoes & Gravy	Cheese & Tomato Pizza with Tomato Pasta Side	Piri Piri Style Chicken with Chips
Pasta Italiane with Garlic & Herb Breadsticks	Pesto Style Pasta	Carrot & Leek Sausages with Mashed Potatoes & Gravy	Jacket Potato with Savoury Minced Beef	Mediterranean Style Vegetable Parcel with Chips
Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Garlic & Herb Breadsticks	Freshly Made Bread	Freshly Made Bread	Freshly Made Bread	Freshly Made Bread
Pineapple & Coconut Flapjack	Harrison Bear Chocolate Shortbread with Orange Wedges	Apple Sponge with Custard	Strawberry Ice Cream with Fruit Wedges	Lemon Cake with Custard

### Week 2 -

Monday (Meat Free)	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Beef Madras with Rice & Naan Style Bread	BBQ Style Chicken with Oven Roast Potato Wedges	Jamaican Style Lamb Pie with Mashed Potatoes	Battered Fish Fillet with Chips & Tomato Sauce
Mixed Bean Enchilada with Vegetable Rice, Coriander & Tomato Salsa	Sweet Potato Stir with Rice	BBQ Style Bean Ragout with Oven Roast Potato Wedges	Cheese & Chive Vegetable Pasta	Chilli Bean Wrap with Sweetcorn Salsa & Chips
Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Freshly Made Bread	Naan Style Bread	Freshly Made Bread	Freshly Made Bread	Freshly Made Bread
Orange Sponge with Custard	Apple & Cinnamon Crumble with Custard	Wholemeal Lemon Shortbread with Fruit Wedges	Chocolate Sponge with Chocolate Sauce	Jelly with Peaches

### Week 3 -

Monday (Meat Free)	Tuesday	Wednesday	Thursday	Friday
Roasted Sweet Pepper & Herb Jambalaya	Beef Bolognese with Penne Pasta & Garlic & Herb Bread	Herb Roast Chicken with Roast Potatoes & Gravy	Tomato Topped Macaroni Cheese	Minced Beef Pastry Slice with Chips
Jacket Potato with Baked Beans & Cheddar Cheese	Vegetable Bolognese with Penne Pasta & Garlic & Herb Bread	Sweet Potato & Parsnip Wellington with Roast Potatoes & Gravy	Thai Style Salmon Fishcake with Sweet Chilli Sauce & New Potatoes	Caribbean Style Vegetable Curry with Rice
Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Freshly Made Bread	Garlic & Herb Bread	Freshly Made Bread	Freshly Made Bread	Freshly Made Bread
Wholemeal Lemon Shortbread with Fruit Wedges	Spiced Parsnip & Apple Cake with Custard	Chocolate Marbled Sponge with Chocolate Sauce	Oatmeal & Raisin Cookie with Fruit Wedges	Carrot & Pineapple Cake with Custard

