

Discovery Focus



Health and Fitness

How many of these exercises can you build into your day?

Have a dice handy every time you need reenergising and see what you roll!



Spanish – Saying where you live in Spanish

Have a go at this Spanish lesson! In this lesson, we will recap our previous learning in Spanish and then learn how to answer the question ¿Dónde vives? and saying where we live in Spanish. For this lesson you will need a pen and pencil and some paper. Have fun!

<https://classroom.thenational.academy/lessons/saying-where-you-live-in-spanish-b4b7d4>



Art – Using optical illusions and shadow to show form

In this lesson we will look at an Optical Illusion artwork before creating our own. You will learn to shade in to show that an object is three-dimensional.



<https://classroom.thenational.academy/lessons/optical-illusions-and-using-shading-to-show-form>

Music

Each week, we will upload lessons sent by Mr Shepherd as part of your Music Sound Start program you would normally get in school.

The files and videos are available here:

<https://drive.google.com/drive/folders/17CG8xwj8I2k7VBGK1G0t6XtrTEdCVOHt?usp=sharing>

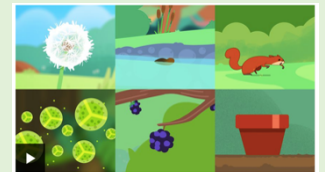


There are also activities on Charanga Yumu here:

<http://www.croydonmusicandarts-soundworks.co.uk/yumu/login>

Science – How do plants spread their seeds?

Have a look at this BBC Bitesize lesson! Next time you go for a walk outdoors, have a look to see if you can work out how the plants you see might disperse their seeds.



<https://www.bbc.co.uk/bitesize/topics/zxfrwmn/articles/z28dpbk>