

Week 12



Year 1

Home Learning

Please write all answers in your distance learning journal and email to:

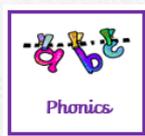
willow@newvalleyprimary.com

Find the wellbeing Wednesday activities on a separate document!



Click here for morning exercise!

Timetable for the day



Fluency practice:
Counting in 10s

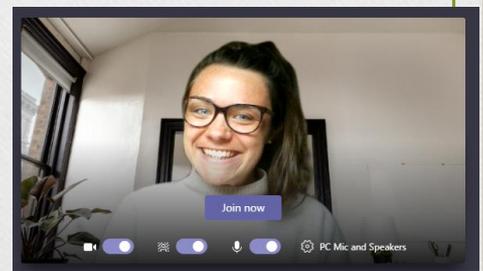


Word of the Day : **factor** (noun)
Definition : a number that divides into another number.
*1, 24, 2, 12, 3, 8, 4, 6, are all **factors** of 24*
Synonym : divisor.
Antonym : multiple.
Challenge : Find factors of other numbers.

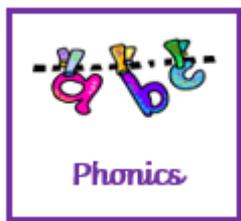
Joke of the Day!



DAY 28
Q: What's bigger than an elephant, but doesn't weigh anything?
A: His shadow.



Don't forget our video meeting today 11:30 today for a VIPERS reading session.



Speed Sounds Set 2

ay may I play? 	ee what can you see? 	igh fly high 	ow blow the snow 	oo go on the zoo
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oo look at a book 	ar start the car 	or shut the door 	air that's not fair 	ir whirl and twirl
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Speed Sounds Set 3

ea cup of tea 	oi spoil the boy 	ou shout it out 	oy toy for a boy
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a-e make a cake 	i-e nice smile 	o-e phone home 	u-e huge brute 	aw yawn at dawn
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are care and share 	ur nurse with a purse 	er a better letter 	ow brown cow 	ai snail in the rain
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oa a boat 	ew chew the stew 	ire fire, fire! 	ear hear with your ear 	ure sure it's pure
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We have now had a go at all of the sounds. Please click on the one you would like to practice. It is important that we keep practicing them!



Remember you can still watch Alphablocks too!

Join in with the tricky words song like we do in class!



Click on the bee to find your spellings!



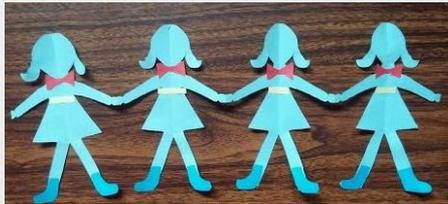
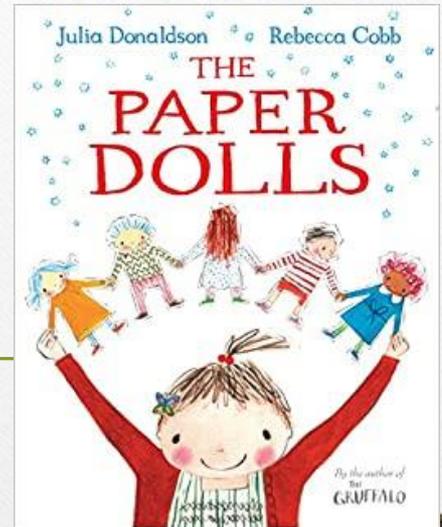


PSHE

LO: I can think about how to be a team.

Read the story 'The Paper Dolls' and talk about what happens with an adult at home.

A little girl makes some paper dolls with her mother's help. She names and plays with them constantly, having all sorts of adventures including escaping danger from a dinosaur, tiger and crocodile. The dolls are stronger when they hold hands, work together and act as a **TEAM**.



Your task today is to make your own paper chain of people. You might want to draw all of your friends and think about how you work together as a team!



Wellbeing Wednesday

Do **causes** need celebrities' help to be successful? 



Votes for Schools

Have a look at the full vote pack on your year group section of the NV website and then cast your vote by clicking on this link:

<https://www.surveymonkey.co.uk/r/vfs-primary-causes>

Connect

It is important to keep in contact with everyone around you. You could:

- Talk to a friend or member of the family on the phone.
- Send a friend or member of the family a letter.
- Ask someone how they are and sit down and listen.
- Smile and wave to people you see around.

Be active

Get active! Go for a walk or jog, do an exercise video, set up an obstacle course in your house or garden, turn on your favourite music and dance around for half an hour...?



Take notice

Have 5 minutes of 'Mind Time'

Find somewhere quiet where you can sit and relax. Use your 5 senses to notice what you can see, hear, smell, taste and touch. Notice how your mind and body is feeling today.

You could have a go at following 'Peace Out' guided relaxation tasks.

https://www.youtube.com/channel/UC5uIZ2KOZZeQDQo_Gsi_qbQ

TAKE NOTICE 

GIVE 

KEEP LEARNING 

Give

Give your time to someone today!
You could offer to help a family member with some chores, or tidy your room? You could read a book with a sibling or play with them for a while?

Keep learning

The personal enrichment sessions were a fantastic part of Wellbeing Wednesdays. They allowed us to try something new and possibly establish a lifelong hobby or interest!

Think about what hobby you might like to take up at home. Dedicate time to your hobby every Wellbeing Wednesday. Here are some ideas...

Learning a language – you could use Duolingo
Writing – write your own comic strips, poetry or graphic novels?

Reading – take some time to get lost in a book!

Drawing – you could use YouTube tutorials or draw things that interest you

Rambling – enjoy walking in nature

Exercise – try out a new way of keeping fit. It could be dancing, yoga, boxing – there are lots of free online classes on YouTube!

Gardening – don't have a garden? Notice the nature outside your window or on your walks!

Crafts – get inspired to create something!

Music – listen to music, or create your own!



Discovery

The next two weeks of Discovery will focus on the books Little Red Riding Hood and The Last Wolf! Try to choose 1 or 2 activities a day to complete.



Science (weather)

LO: I understand how you can measure rainfall.

In this lesson we are going to be answering the question, how can you measure rainfall? We will be finding out what a liquid is and observing some examples. We will then be moving on to making our own rain gauge to measure the amount of rainfall we have during 1 week.

Geography

LO: I can find out about an endangered animal.

The story 'Little Red' is all about conservation. Lots of habitats that belong to animals around the world are being destroyed. Find out about an endangered animal from somewhere in the world. What is happening to its home? Why is it endangered?

Science (Living things)

LO: I can understand what hibernation is.

Little Red Riding Hood was exploring the woods. Lots of animals live in the woods and some of them hibernate. Join in with this lesson to learn about what hibernation. We will be looking at different animals who hibernate, when they hibernate, what they do to prepare for hibernation and where they go to hibernate.

Art & Design

LO: I can create a tree collage inspired by Kandinsky.

Research a piece of artwork by Kandinsky – Squares with Concentric Circles. Create a tree collage inspired by this picture.



Music

LO: I can use actions and use my voice expressively when singing a song.

Spread some joy when listening and joining in with this song!

J – is for jumping and leaping about,
O – is for over the moon, I'll tell you
Y – 'cause we have an incredible God,
F – is forever He's for me and you,
O – it's because you are precious to Him,
L – is for love, for his love keeps me singing.

Languages

LO: I can describe my physical appearance in Spanish.

In this lesson we will recap our previous Spanish lesson, then learn how to describe our hair and eye colour in Spanish! For this lesson you will need some paper, a pen or pencil to write with and some colouring pencils to draw.



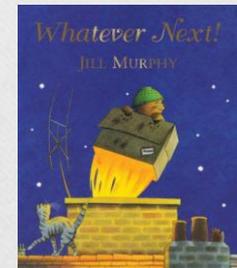
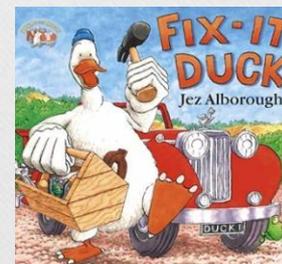
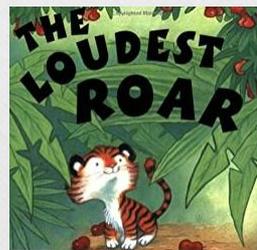
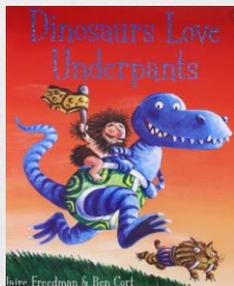
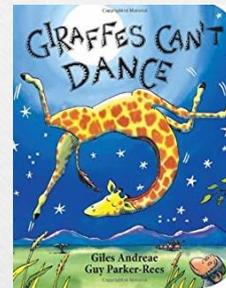
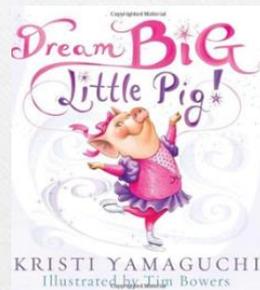
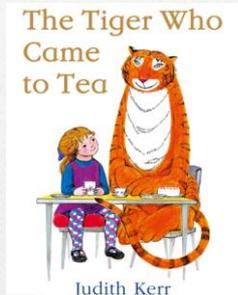
Reading

Reading time



During these challenging times, the officers from a Safer Neighbourhood Team based in Croydon have found a creative way to keep in contact with local pupils whilst schools across the nation remain closed. Safer School Officers have recorded videos of themselves and other officers reading storybooks.

Click on a story below to share it with a police officer!



Bug Club



Getting outside is good
for your wellbeing!
Here are some ideas...



INVENTOR SCAVENGER HUNT

- Find something that you can turn
- Find something that is bumpy
- Find something that is metal
- Find something you put together
- Find 3 things that are round
- Find something you twist
- Find something shiny
- Find something you can roll
- Find a tube
- Find 3 things that are squishy
- Find something clear
- Find something that can bounce

BOOK SCAVENGER HUNT

- Find an animal in a book
- Find the word spring in a book
- Find someone helping someone in a book
- Find a picture of a sun in a book
- Find a book that makes you laugh
- Find a bug in a book
- Find someone sleeping in a book
- Find a character sitting in a book
- Find a pet in a book
- Find a cat in a book
- Find a superhero in a book
- Find a bike in a book

RAINBOW SCAVENGER HUNT

- Find something red
- Find something yellow
- Find something orange
- Find something green
- Find something blue
- Find something purple
- Name a Fruit that is red
- Name an animal that is yellow
- Name a vegetable that is orange
- Name a plant that is green
- Name a flower that is purple
- Name something outside that is blue

INDOOR SCAVENGER HUNT

- Find a Fork
- Find something that is red
- Find a tissue box
- Find 3 things that have wheels
- Find an orange crayon
- Find something that is very soft
- Find a band-aid
- Find a key
- Find 2 books that match
- Find something round
- Find a shaker
- Find a rubber band
- Find a pair of glasses
- Find an envelope

Have a go
at a
scavenger
hunt!



See Miss
Wingrave's 30
Days Wild
nature
challenges!



Explore 30 Quests for students
around the world to celebrate,
explore and connect with
nature.

Click here to find some
outdoor learning activity
ideas!

* **SPRING
INTO SPRING**

BIRD'S NEST	ANT	RABBIT	BLACKBIRD	BERRIES ON A TREE
SPARROW	DANDELION	FROG OR TOAD	FEATHER	WASP
LADYBIRD	ANIMAL-SHAPED CLOUD	BLUE TIT	CATERPILLAR	OAK TREE
DAISY	WORM	NETTLE	SPIDER'S WEB	CLOVER
BUTTERCUP	WOODLOUSE	SNAIL	BEE	BUTTERFLY

Go on a walk
and see what
you can spot
on this Bingo
page!

Good morning! Let's start the day with some exercise.

Choose what you would like to have a go at:

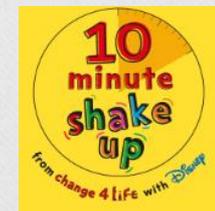


#PEwithJOE

Click [here](#) to follow the link to Joe's Youtube channel - The Body Coach to join in with his live PE workout every morning at 9am.



Click here to check out
NetFlex exercise videos!



Each week you will have a different list of spellings to learn. Please practice these everyday!



busy
people
pretty
beautiful
after
fast
last
past
father
class

 Look and Say	 Look, Say and Write	 Cover and Write
Insert text		

Remember you can use this method to help you practice them!

INVENTOR SCAVENGER HUNT

primary playground

- Find something that you can turn.
- Find something that is bumpy.
- Find something that is metal.
- Find something you put together.
- Find 3 things that are round.
- Find something you twist.
- Find something shiny.
- Find something you can roll.
- Find a tube.
- Find 3 things that are squishy.
- Find something clear.
- Find something that can bounce.



RAINBOW SCAVENGER HUNT

primary playground

- 🌈 Find something red.
- 🌈 Find something yellow.
- 🌈 Find something orange.
- 🌈 Find something green.
- 🌈 Find something blue.
- 🌈 Find something purple.
- 🌈 Name a fruit that is red.
- 🌈 Name an animal that is yellow.
- 🌈 Name a vegetable that is orange.
- 🌈 Name a plant that is green.
- 🌈 Name a flower that is purple.
- 🌈 Name something outside that is blue.



BOOK SCAVENGER HUNT

primary playground

- Find an animal in a book.
- Find the word spring in a book.
- Find someone helping someone in a book.
- Find a picture of a sun in a book.
- Find a book that makes you laugh.
- Find a bug in a book.
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- Find a character eating in a book.
- Find a pet in a book.
- Find a cat in a book.
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- Find a bike in a book.



INDOOR SCAVENGER HUNT

primary playground

- Find a fork.
- Find something that is red.
- Find a tissue box.
- Find 3 things that have wheels.
- Find an orange crayon.
- Find something that is very soft.
- Find a band-aid.
- Find a key.
- Find 2 socks that match.
- Find something round.
- Find a sticker.
- Find a rubber band.
- Find a pair of glasses.
- Find an envelope.



Scavenger hunts are a good way to keep busy and require little preparation.

Here are some examples that can be done indoors or outside.

Alternatively, you can create a scavenger hunt together and have a mini-competition to find things.



All our lives are better if they're a bit wild

See if you can fill June with 30 days of wild! Do something related to nature everyday! How many can you complete?

- 1 Plant a seed
- 2 Build a shelter outside
- 3 Make a paper Mache Earth model
- 4 Using recycling, make a bird feeder.
- 5 Make a pond dipping net.
- 6 Go on a nature walk and draw something you see
- 7 Go on a bug hunt in your garden or local area!
- 8 Make a recycling poster to encourage others.
- 9 Find out about a foxes habitat.
- 10 Make a house for a hedgehog
- 11 Learn all the planets and make up a rhyme to remember them
- 12 Create your own weather forecast
- 13 Design and make your own zoo
- 14 Make a wind chime
- 15 Go bird watching and make a graph for what you see.
- 16 Sketch some pictures of some flowers
- 17 Make your own garden snap game
- 18 Create a map of your local area.
- 19 Create your own quiz about nature
- 20 Draw the lifecycle of a flower
- 21 Draw pictures of your favourite animals
- 22 Go for a walk up a big hill
- 23 Draw the stages of a plant growing
- 24 Design what you would like a garden to look like
- 25 Go on a rainbow flower hunt
- 26 Get up early and listen to the birds singing
- 27 Create some natural artwork
- 28 Find out why bees are so important
- 29 Go for a teddy bear's picnic outside
- 30 Make a leaf crown or hat



We hope you've loved your wild month. Can you stay wild? Find your wild life with your Wildlife Trust wildlifetrusts.org



NETFLEX

Daily physical activity is very important to help keep a healthy body and mind. Aim for 60 minutes of physical activity a day
Healthy Body & a Healthy Mind

Warm Up



Yoga



Superhero Workout



Just dance

