



# Wellbeing Wednesday 24.06.2020

My Voice



Write your thoughts in your journals, calling it a My Voice page.

What is in the news this week? What interests you? What would you like to find out more about? Watch [Newsround](#)

Later in the week, you could take part in the [Quiz of the Week! How well have you been following the news?](#)



## PE with Joe 24th June

P.E. with Joe



<https://www.youtube.com/channel/UC AxW1XT0IEJo0TYIRfn6rYQ>

## Don't forget Votes for Schools!

Are you ready for the new normal?



Enter this week's debate and send in a comment. The link is on your distance learning page on the website

Have a fun day- find 3 jokes and test them out!

I've got one for you... **What 's a strict teacher's favourite puzzle?**

A crossword!

## Connect

Let's have a quick class call today at 2.30p.m. I will send the link at 2.00p.m – if you don't get it, email me at [maple@newvalleyprimary.com](mailto:maple@newvalleyprimary.com)

Have your best joke ready to share!

Or give someone else a call! Ask your family if you can call a family member or someone from our class. Even better- surprise them by designing and sending a postcard.



## Wellbeing Wednesday

### Make A Difference

A show-stopping number that inspires us all to think about how we can make the world a better place by doing a simple good deed every day, with the idea that 'passing it forward' creates a world of collective generosity.



Click [here](#) for the song and [here](#) for the activity sheet



## Keep Learning!

The personal enrichment sessions are a fantastic part of Wellbeing Wednesdays. They allowed us to try something new and possibly establish a lifelong hobby or interest! Think about what hobby you might like to take up at home. Dedicate time to your hobby every Wellbeing Wednesday. Here are some ideas...

Learning a language – [Saying the weather in Spanish](#)

Reading – take some time to get lost in a book or listen to a story- [Elevenses with David Walliams](#)



Or learn to recite a [poem](#)



or start reading [The Ickabog](#)

Drawing – create a piece of art to go with the last of the Wild June activities or participate in the National School Sport week Activities



Try these simple [body tests](#)- and try out your [reactions](#)

