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Dear Parents/Carers

HEALTHY SCHOOL/NUT FREE SCHOOL

Being a 'Healthy School' we wish to encourage healthy eating and with this in mind we do not allow children to bring in sweets to share with the class on their birthdays, as this can mean giving sweets up to 30 times a year and can also cause difficulty for children with food allergies.

Due to a number of children and adults with nut allergies in school we would also be grateful if you could ensure that lunch boxes do not contain any nut products.

With the worrying statistics on the effects of diet and lifestyle constantly in the media I hope you will support us.

Yours sincerely

Mark Rosewell
Head Teacher